Abstract of the Disclosure

Provided is a cleaning sheet adapted to clean a surface of a heating roll in a fixing device, which causes a recording sheet bearing a toner image formed of a magnetic toner containing a magnetic material to pass through the fixing device under a state in which the recording sheet is in press contact with the surface of the heating roll having arranged thereon a contact component in contact with the surface of the heating roll and heated to a fixing temperature to rotate, to perform fixing of the toner image, including a synthetic resin sheet with a thickness of 100 μm or more, which is made of a thermoplastic resin with a melting point higher than the fixing temperature and Rockwell hardness of M60 or more or thermosetting resin with Rockwell hardness of M60 or more.